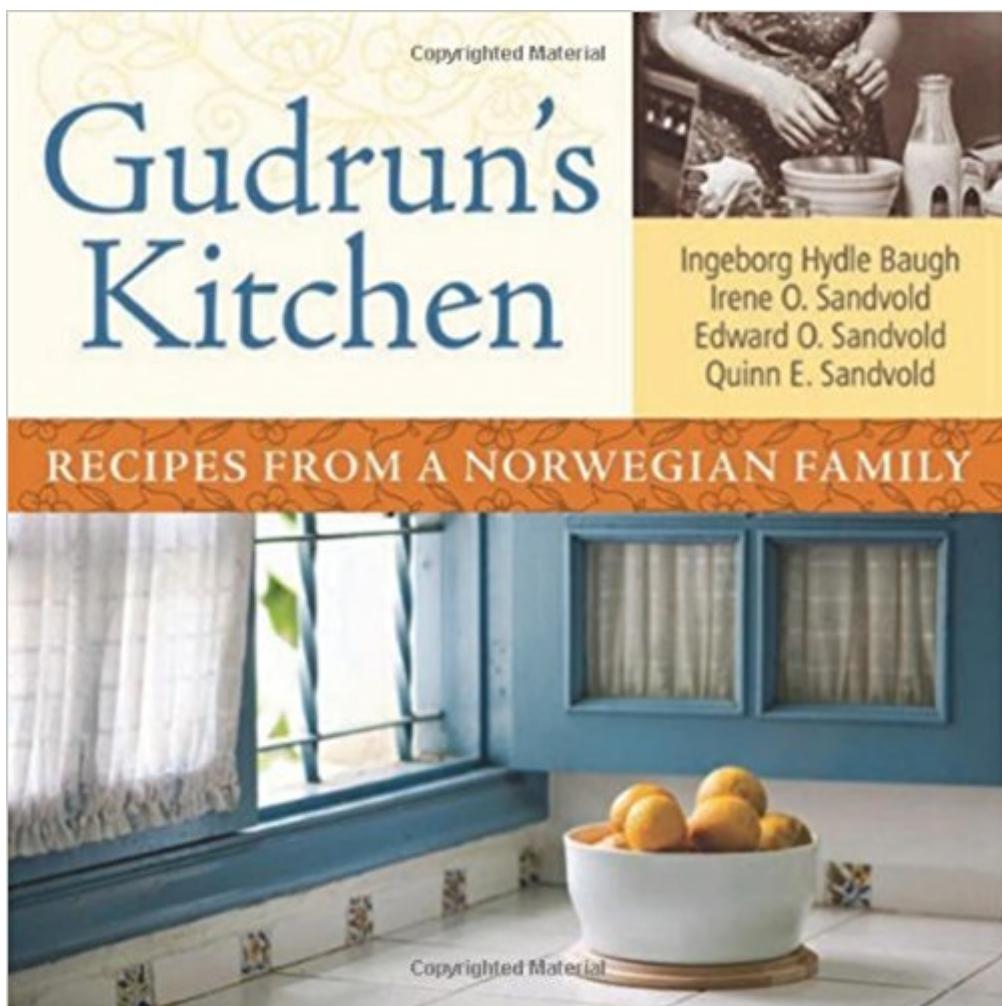


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# Gudrun's Kitchen: Recipes From A Norwegian Family



## Synopsis

The youngest of a large Norwegian immigrant family, Gudrun Thue Sandvold was known for her beaming blue eyes and a reserve that gave way to laughter whenever she got together with her sisters. She took immeasurable pride in her children and grandchildren, kept an exquisite home, and turned the most mundane occasion into a party. And to all who knew her, Gudrun's cooking was the stuff of legend. Part cookbook, part immigrant story, and part family memoir, Gudrun's Kitchen features hundreds of Gudrun Sandvold's recipes for comfort food from a time when families and friends gathered at the table and connected with one another every single day. But this book is much more than a guide to Norwegian culinary traditions; it is an important contribution to immigrant history and a vital documentation of our nation's multicultural heritage.

## Book Information

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## Customer Reviews

"Gudrun's Kitchen is a heartwarming recollection that will remind many of their own upbringings in Norwegian American households. Gudrun's personality, her foods, what she values, and her love of family are all captured for generations to enjoy in this wonderful book. Tusen takk!" (Jon M. Grinde, President, Idun Lodge, Sons of Norway)"This is a delicious family album filled with snapshots of the many chapters of an ordinary woman's life — a Norwegian immigrant, independent working woman, sister, wife, mother, grandmother, friend — expressed through the recipes and food for which she is lovingly remembered. It is as much Gudrun's personal history as it is a cultural

history of America." (Joanne Raetz Stuttgen, folklorist and author of *Cafe Wisconsin* and *Cafe Wisconsin Cookbook*) "If you've never known a gifted old world cook, one who cooked just for the joy of it, then pick up a copy of Gudrun's Kitchen. . . . It's charming. It's enlightening. And the recipes are wonderful. I read every word and felt teary when Gudrun's story ended, but perked up as I went over each recipe. They're real treasures." (TableConversation.com) "Whether you are looking for the perfect gift for a friend of Norwegian descent, or whether you want to try out some luscious new recipes, do take a look at Gudrun's Kitchen. I can almost promise you'll be hooked!" (Joan Sanstadt, Agri-View)

Irene Sandvold grew up in Fort Atkinson, Wisconsin, and graduated from the University of Wisconsin School of Nursing in 1960. She went on to become a doctor of public health, a public health nurse, and a certified nurse-midwife and is a leader in her field. To those who know her, she is an extraordinary chef and hostess in the tradition of her mother, Gudrun. She lives in Washington, DC. Irene's daughter, Ingeborg Hydle Baugh, is a freelance writer with a background in finance. She lives in Washington, DC. Edward Sandvold graduated from the University of Wisconsin. His love of food and cooking began in his mother's kitchen, and he delighted in replicating the unique tastes and flavors of her food. He passed away in 2005. Eddie's son Quinn Sandvold has been a lifelong cook in the tradition of his father and grandmother. He is a designer for snowboarding gear and equipment and former national amateur snowboard champion, professional snowboarder, and fly fishing guide. He lives in Longmont, Colorado.

This is a wonderful recipe book, with favorite recipes I remember from childhood. I wish I could have tasted Gudrun's cooking!

Very pleased!

Love this cookbook and suggested it to my cousin. It brought back so many memories of my mother and grandmother and now I have the recipes to share with my children and grandchildren.

The charm of this work is the historical/biographical family history, giving me in just a few short minutes new information about the scope of Norwegian immigration. I am delighted to have it, and look forward to experimenting with the recipes.

Helped me find what I was looking for. Good recipes.

A little bit of Norway! Loved the mix of stories as well. I ordered this for myself, but I plan to order more as gifts.

This is the recipes of my grandmother's sister Gudrun, and I recognize so much food and recipes I am grown up with. I love this book, it is the real thing! (A rare treat for me is to find a picture of my father, visiting his aunt during the war, p.19). My grandparents owned and run a glorious hotel, for several decades, and I actually remember some of Gudrun's visits there. I am sure some of her recipe's mirrors some of the everyday food in the hotel, since my grandmother was head of the kitchen. Well done, and thanks to family authors.. ABS.

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